

Strengthening Families Together



Strategies for Managing the Impact of Psychosis and Schizophrenia
on the Family: ONLINE PROGRAM

**Strengthening Families Together is being offered online
for the first time in Manitoba!**

What is Strengthening Families Together?

A program of the Schizophrenia Society of Canada, to educate families and friends, and provide tools for managing the impact of psychosis on their lives. An updated version of this program will be presented over five (5) two-hour sessions.

Who Should Attend?

Family members and friends of persons who experience psychosis.

Topics: (the order of topics may change)

1. Overview of Psychosis
2. Living with Psychosis and Schizophrenia
3. Managing Crises
4. Lived Experience & Recovery
5. Building Strengths & Going Forward

Schedule: to be determined in consultation with participants.

Location: ONLINE: link will be provided once you have registered.

No Cost: *free*

Register today. Email info@mss.mb.ca