

Do you hear
VOICES?

We can
HELP

THE VOICE HEARERS PROGRAM

The Voice Hearers Program has two components:

10 Week Educational Program

A program for voice hearers to learn ways to effectively cope with their voices.

Registration required.

Bi-Weekly Peer Support Group

A self-help group for voice hearers that offers mutual support.

Meetings every: 1st, 3rd, and 5th Friday, 1:30pm - 3:00pm.

An inclusive, safe and non-judgmental environment. Open to all.

Questions? Please register:

The Manitoba Schizophrenia Society

Suite 100-4 Fort Street,

Winnipeg, Manitoba R3C 1C4

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