



# MENTAL HEALTH FIRST AID AUSTRALIA PSYCHOSIS DELPHI

## **PARTICIPANTS NEEDED!**

### PEOPLE WHO HAVE PERSONAL OR PROFESSIONAL EXPERIENCE WITH PSYCHOSIS

We are inviting people from Australia, UK, Canada, Denmark, Finland, Ireland, The Netherlands, New Zealand, Sweden and the USA who have expertise in the field of psychosis to participate in this research. This includes people with a lived experience of psychosis, people who have cared for or provided significant support to someone with psychosis, and professionals with research, education or clinical experience related to psychosis.

#### **AIM OF THIS RESEARCH PROJECT**

To update the current mental health first aid guidelines for psychosis that were published in 2008. Visit [bit.ly/2oKJ6GO](http://bit.ly/2oKJ6GO) to see the current guidelines.

#### **TIME COMMITMENTS**

You will be asked to complete three online surveys over about 4-6 months (so no travel or meetings!) and the total estimated time commitment is approximately 2-3 hours.

#### **EXPERTISE: YOU WILL BE ABLE TO READ AND WRITE ENGLISH, BE 18 YEARS OR OLDER AND:**

Have a lived experience of psychosis, feel well enough to participate, AND be engaged in activities that give you a broader exposure to people's experiences of psychosis, e.g. you are a member of a consumer advisory or advocacy group, providing peer support to others, etc.

#### **OR**

Have experience in caring for or providing significant day-to-day support to someone with psychosis AND be engaged in activities that give you a broader exposure to people's experiences of psychosis, e.g. be a member of a carer support group or carer advocacy organisation.

#### **OR**

Be a mental health professional, educator or researcher with at least 5 years experience working in the area of psychosis.

If you are interested contact Fairlie Cottrill at Mental Health First Aid Australia  
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